

**ANNOUNCEMENTS**  
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**Announcement Sheets**  
are available at the  
Welcome Center.

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**YAC**  
Young Adult and College Ministry

SUN, APRIL 28: **SUNDAY NIGHT DINNER**  
TUE, MAY 7: **TUE NIGHT IN THE WORD**  
TUE, MAY 21: **TUE NIGHT IN THE WORD**  
SUN, MAY 26: **SUNDAY NIGHT DINNER**

**YOUTH GROUP**  
6<sup>th</sup>-12<sup>th</sup> grades

Mon, April 29: **Monday Night Teens at 6pm**  
Sun, May 5: **TEEN FAMILY DINNER**  
Mon, May 13: **Monday Night Teens at 6pm**  
Sun, May 19: **SENIOR APPRECIATION**

**BUILDING YOUR LIFE FOR GOD**

**Shaping Hearts for God**  
OBEDIENCE: Confessing Sin & Turning Back to God  
**LESSON 9 - EZRA HELPS THE PEOPLE... EZRA 7:6-17, 27-28; 8:21-25, 30-36; 9:4-12; 10:1-3, 7, 10-14**

**PARENTS:** Please help your child complete the **STUDENT BOOK** at home. Use it as a guide for your Family Worship at home.

Assisted listening devices are available during worship.

**VISITATION MINISTRIES**

Pick-up and complete cards on Visitation Table in Lobby.  
Wed, May 1: **TEAM R-W, Bill Ward**  
Wed, May 8: **TEAM A-C, Travis Lewis**  
Wed, May 15: **TEAM D-H, Donnie Wisenbaker**  
Wed, May 22: **TEAM I-Q, Joe James**

 If you want to reserve the **FELLOWSHIP HALL** or the **LIGHTHOUSE** for church events, please check with Gerry Renfro in the office to make reservations. *Thanks!*

**FORREST PARK CHURCH OF CHRIST LEADERSHIP**

**Elders:** Doug Daugherty, Don Garner, Travis Lewis, Robert McLeod, and Donnie Wisenbaker

**Deacons:** John Crum, Billy Dykes, Clint Dykes, Al Earp, Jonathan Garner, Kevin Garner, Adam Guthrie, Michael Jackson, Joe James, Brian Leverett, Bart Mizell, Kevin Pittman, James Renfro, Thomas Robinson, Bill Ward, and Wade West

**Ministers:** Westley Hazel, Ronnie West      **LAM:** Cary Gillis

**FORREST PARK CHURCH OF CHRIST**  
**Heart to Heart**  
Volume 30      April 28, 2024      Number 17

*Fellowship includes Attending Bible Classes and Growing Together in God's Word!*



And you will seek Me  
and find Me, when you  
search for Me with all  
your heart.  
Jeremiah 29:13 NKJV

**IMPACT TEAMS**

**#1** - Sunday, April 28<sup>th</sup>, Potluck after AM Worship in the Fellowship Hall.  
**#3** - Sunday, April 28<sup>th</sup>, Pizza meal after AM Worship in the Lighthouse.  
**\*\* FOR YOUR CONVENIENCE, IMPACT TEAMS CAN BE VIEWED UNDER THE GROUPS TAB IN OUR ONLINE CHURCH DIRECTORY.**

 **Every Thursday @ 6:30 AM in the Fellowship Hall**

 **2024 Senior Appreciation**  
**May 19th**  
A time to recognize and shower our Graduating Seniors with cards and gifts!

  
**Latin American Missions**  
FOR MORE INFO: [LATINAMERICANMISSIONS.ORG](http://LATINAMERICANMISSIONS.ORG)

**LIVE STREAMING: Sunday @ 10:30 AM and 6 PM**  
Go to [www.forrestpark.org](http://www.forrestpark.org). Look for **Watch Us on...**

**Heart to Heart**

**Forrest Park Church of Christ**  
4263 Inner Perimeter Road  
Valdosta, GA 31602  
(229) 242-2174  
[www.forrestpark.org](http://www.forrestpark.org)

**Schedule of Services**

**Sunday**  
Bible Study - 9:30 AM  
Morning Worship - 10:30 AM  
Evening Worship - 6:00 PM

**Wednesday**  
Bible Study - 7:00 PM

RETURN SERVICE REQUESTED

**ELDERS**  
TEACHING • GUIDING • SERVING

**Sunday ~ May 5<sup>th</sup>**  
**New Member**  
**Involvement Committee**  
Meet at 4:45 PM in the Elders' Office

**Wedding Shower**  
Sunday, May 5<sup>th</sup> at 4:00pm in  
the Lighthouse  
Let's honor and shower with gifts...  
**Caleb Hill and Sabrina Wong**  
Registered at Amazon.

**Forrest Park Ladies 'Day' Retreat**  
"Apples & Aprons"

Saturday, May 18  
9am-1:30pm

"Keep me as the apple of your eye; hide me in the shadow of your wings" Psalm 17:8  
Sign up at the welcome center asap so lunch preparations can be made.

If you are not receiving email updates from the church office & would like to be added to the recipient list, please send an email to Gerry at [grenfro@forrestpark.org](mailto:grenfro@forrestpark.org).

**The Record - April 21, 2024**

**Worship:** AM 347 PM 217  
**Wednesday:** 4/17/2024 241

**This Coming Sunday - April 28, 2024**

**Communion:** Lori Renfro  
**Welcome Center:** Beth S/ Bonita W.  
**Lock/Unlock Bldg:** Kevin Garner  
**AM Nursery Attendants:** Whitney J/Avery J

**Security Group 4**

**ONLINE GIVING**  
<http://www.forrestpark.org/>

**Fasting Unto Godliness**

I have really enjoyed hearing about everyone's experience with prayer and fasting over the last week. There were some interesting solutions, a lot of jokes, and most people sharing that it worked better than they expected. When those hunger pains really hit, it is hard to forget about the thing you want to be praying about. To be honest, I didn't know how many would participate, and have been super encouraged by the large numbers of our number who not only participated but are making plans for a regular schedule of prayer and fasting. I wanted to take a few moments to share some of the ways that we see fasting helping people focus their attention on God throughout the scriptures.

1. Strengthens prayers (Matt. 17:21, Ezra 8:3)
2. It is helpful for seeking the Lord's Guidance (Acts 13:1-3, 14:23)
3. Allows us to express grief (1 Samuel 31:13)
4. When we desire His protection (Esther 4:16, Ps 109:24-26)
5. When we want to express repentance (Deut. 9:15-18, Jonah 3:5-7)
6. When we want to express our worship (Luke 2:36-38, Dan. 9:3)

As you can see, fasting is tied directly to the concept of us becoming a more spiritually minded people. Let's not neglect this great tool that the Lord has given to us to draw us to Him. Hopefully, your experience this last week was helpful and will begin a new spiritual habit. If you didn't find the time, maybe this week is your week. Let's all grow together!

**Westley Hazel**

**It was GOOD to see**  
**Mary Crosby and**  
**Betty Robinson**  
**in worship on Sunday!**

**Responses on Sunday, April 21**

**Doris Love** came forward and requested prayers for having let a sister in Christ down.  
**Winona Walker** desired forgiveness as she had been neglectful in her attendance.

**Deepest Sympathy** to Christian & Savannah Moore in the passing of Savannah's grandfather, **James McDaniel**, on Wednesday, April 17, 2024. The funeral service was held on Wednesday, April 24 in Monticello, FL.

**Meeting for Anyone**  
**Interested in Helping!**  
**Sunday, April 28**  
**after pm worship**  
**in room 107**

There are lots of ways to help ... workdays, decorating, teaching, crafts, snacks, support with supplies, etc.  
**If you have any questions, please see Rebecca Meeks or Rebekah Robinson.**

**Meeting of ALL Teachers**  
**5th grade and down**  
**Thursday, May 9 ~ 6:30pm**  
**Lighthouse**

New training materials will be introduced.  
Light snacks provided.

**Shaping Hearts Publications**  
Children's Bible Class Curriculum

**Needing Prayers for Healing**

**Our Sick Last Sunday ...** Carla Gandy, Teresa Gore & Azura, Tracie Hamm, Harper Halloran, Kathy Hutchinson, Wendy Jackson, Joyce Spivey, and Brexton Swilley  
**Tests, Procedures, Surgeries ...**  
Lawanna Batten - infusions  
Deborah Croft - chemotherapy  
Debbie Dasher - bone infusions  
**Recovering ...** Tony Dasher, Ray DeLoach, Lin Earp, Scott Roberts, and Betty Robinson  
**Need Continual Prayers ...** Renee Crosby-Barratta, Lawanna Batten, Beulah Chandler, Ken Collins, Maryline Bridgeforth, Danny Brock, Tracy Cope, Mary Crosby, Ray DeLoach, Joseph Edwards, Richard Futch, Carla Gandy, Tracie Hamm, Ronnie Harrell Jr, Al Howard, Sharon Huffman, Kathy Hutchinson, Macy Hutchinson, Doris Love, Beth McLeod, Charles O'Neal, Barry & Betty Robinson, Jimmy Spivey, David Swanson, Rhonda Taylor, Paul Vider, and Bill Ward

**Our Shut-Ins who need Prayers for care & comfort**

Jeanette Allen, Helen Blair, Ken Collins, Gloria Council, Florence James, Tillie Johnson, Nellie Leveille, Winona Walker, Beverly Weaver, Frances Williams

**Military ...** Jake Baker, Daniel Boyette, Braydon, Spencer England, Treyvon Foster, Parker Mathis, John Nelson, Alex Parker

**Family and Friends**

**Prayer Requests**

Parker Clark - great granddaughter of Mary Crosby  
Crystal Collier - sister of Carolyn Gillis  
Anthony Coggins - father of Perry Coggins  
Shirley Crutchfield - sister of Al Howard  
Konjeta Edwards - wife of Joseph Edwards  
Sylvia Emfinger - sister of Carolyn Gillis  
Spencer England & family - son of Jimmy & Anne England  
Blanche Gibbs - mother of Louise Wright  
Faye Greer - mother of Stephen Greer  
Permelia Griner - sister of Teresa Gore  
James Howard - brother of Al Howard  
Dorothy Jackson - sister of Al Howard  
Samuel Bernard King - cousin of Al Howard  
Nannie Beth Sims Lawson - aunt of Kitty O'Neal  
Martha Moore - mother of Teresa Gore  
Margie Newby - aunt of Caleb Hill  
David Olbricht - father-in-law of Nicole Olbricht  
Joy Hodges Taylor - cousin of Kitty O'Neal  
James Stringer - father of Donna White